

# Rugby Oregon

## Fernhill Park (Track) Field Emergency Plan

### Catastrophic Injuries

This is defined as any condition in which a student athlete's life is threatened or the student athlete risks permanent impairment. Examples include, but are not limited to, respiratory or cardiac arrest, spine injuries and possible fractures.

#### Call 9-1-1.

Be sure to have the following information:

- ▶ Name, address, telephone number of caller
- ▶ Number of athletes injured
- ▶ Condition of Athlete(s)
- ▶ First aid initiated by first responder
- ▶ Specific directions to emergency scene:  
FERNHILL PARK (TRACK) NE 42<sup>nd</sup> and AINSWORTH STREET

### Hospital

Nearest/Most conveniently accessible hospitals:

**Legacy Emmanuel Hospital – (503) 413-4134**  
**300 N Graham Street, Portland, OR 97227**

- 1: Head south on NE 42<sup>nd</sup> Avenue, 0.2 mileS.
- 2: Turn RIGHT at NE Killingsworth St, 2.3 miles.
- 3: Turn left at N. Vancouver Avenue, 1.4 miles.
- 4: Turn right at N. Graham Street, 0.1 miles.

**Portland Providence Medical Center (503) 215-1111**  
**4805 NE Glisan Street, Portland, OR 97213**

- 1: Head south on NE 42<sup>nd</sup> Avenue, 0.2 miles.
- 2: Turn RIGHT at NE Killingsworth St, 0.5 miles.
- 3: Turn LEFT at NE 33<sup>rd</sup> AVENUE, 2.1 miles.
- 4: Turn SLIGHT LEFT onto NE PEERLESS PL. 0.3 miles.
- 5: Turn SLIGHT RIGHT onto NE HAZELFERN PLACE 0.1 miles
- 6: Turn LEFT onto NE GLISAN ST. Pass through 1 roundabout. 0.7 miles..
- 7: End at 4805 NE GLISAN STREET.